



Deliberate Thinking

Neuroscience-based techniques
— designed specifically for
business leaders — that train the
brain to think productively

Does your organization
struggle to make decisions
and resolve issues?

Is your organization unable
to identify and leverage
opportunities?

Do you find yourself bogged
down with meetings that
rarely lead to progress?

**Deliberate Thinking with
SLKone can help!**

What is Deliberate Thinking?

Deliberate Thinking is a collection of neuroscience-based techniques, designed specifically for business leaders, that train the brain to think productively. It uses neurogenesis – the science behind learning new skills and habits – to create cognitive pathways that promote and sustain high performance. This methodology fosters the knowledge and skills to solve unclear situations in your business and your life.

Businesses Need Better Solutions.

Due to the complexity and uncertainty of today's business climate, hiring brilliant people does not, on its own, guarantee success. Organizations must also learn to leverage the collective brilliance of their people to creatively solve challenges.

SLKone's Deliberate Thinking workshop provides a cognitive solution that builds conscious competence and helps avoid the common pitfalls of automatic thinking that can get in the way of effective problem-solving. The workshop curriculum and learning techniques will accelerate participants' ability to acquire, retain, and practice effective problem-solving techniques through increased cognitive function.

Want to learn more? Please reach out:

www.slkone.com • hello@slkone.com • +1.919.537.9189

How can companies leverage their brilliance to thrive?

*Knowledge + Skills = Solutions
at SLKone's
Deliberate Thinking Workshop*

Progress from knowledge to skill in each Deliberate Thinking module through proven methodologies designed for today's busy business executive with self-paced learning, contextualized application work, and on-demand coaching.

Learn the critical factors for breakthrough success from Lead Coach and Facilitator, Dan Kowalski:

- Assess uncertainty through likelihood and impact
- Employ new thinking approaches and effective action plans
- Have productive conversations and address tough issues
- Leverage diversity to gain more perspective

How is SLKone's Deliberate Thinking workshop structured?

Learning modules:

- Thinking About Thinking: Metacognition and Thinking as a Process
- Five-Step RADAR Model of Deliberate Thinking
- Anticipating the Future: Addressing Threats and Leveraging Opportunities
- Making Choices: Deciding Which Option Makes the Most Sense
- Deliberate Thinking with Others: Incorporating Different Viewpoints Effectively
- Dealing with Uncertainty: Using Experiments to Create New Understanding

Each module has three steps to move you from knowledge to skill:

- A learning module to provide background on the concepts
- Application exercises to use the concepts on real-world issues
- One-on-one coaching to review application results and improve skills level

For more information, get in touch with us:

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